

The Defining Decade: Why Your Twenties Matter--And How To Make The Most Of Them Now By Meg Jay

By Meg Jay

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<http://www.hachettebookgroup.com/titles/meg-jay/the-defining-decade/9780446575065/>

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<http://www.drmejay.com/>

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Clinical psychologist Meg Jay has a bold message for twentysomethings: Contrary to popular belief, your 20s are not a throwaway decade. In this provocative talk, Jay

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